



THE HULL & EAST RIDING KARATE ACADEMY

Certificate of Achievement 2016

Sporting Excellence in Karate

National Level

Rowan Tiplady

This is to certify that Rowan Tiplady has achieved the standard of Sporting Excellence in Competition Sport Karate in both Kata and Kumite. Rowan competed at National Championships throughout England in 2016 winning the medals and titles listed below:-

Championship Success - 1 Gold 2 Silver 3 Bronze

Shindo Kai Junior Championships - 13th March, Barnsley

Silver - Team Kumite

Bronze - Individual Kumite

Bronze - Pairs Kata

Shindo Kai Kata Championships - 3rd July, Barnsley

Gold - Team Kumite

Silver - Individual Kata

North of England Championships - 23rd October, Sheffield

Bronze - Individual Kumite

Congratulations on your sporting achievements throughout 2016. Well done Rowan.

Sensei Wayne Clarke 3rd Dan

Head Coach - The Hull & East Riding Karate Academy



British
Karate
Federation



The Hull & East Riding Karate Academy is a member of the Shindo Kai Karate Association, an association in the English Karate Federation National Governing Body and member of the British Karate Federation.